

# STEYNING AC RISK ASSESSMENT – JUNIORS/INTERS

ASSESSMENT BY: **ROGER FLYNN**  
 DATE OF FIRST ASSESSMENT: **08 May 2022**  
 DATE OF LAST REVIEW: **08 May 2023**  
 DATE OF NEXT REVIEW: **08 May 2024**

Area/ Identifier	Hazard	Description of Hazard	Who's at Risk	Level of Risk (High, Med, Low)	How Can Hazard be Controlled	Implemented By
<b>GENERAL</b>						
1	Coaching Ratios	Exceeding the UKA coaching ratio for a single coach/leader	Junior Athletes, Coaches & Leaders	Low	Session booking system limits number assigned to an individual coaching group.	Coaching group
2	Adverse Weather Conditions	Rain, snow, ice, strong winds, high sun factor.	Junior Athletes, Coaches, Leaders and Helpers	Medium	Prior to a session taking place Junior athletics What's App group used to: <b>a)</b> issue advice to parents regarding suitable clothing, use of sun block hydration etc. <b>b)</b> Cancel session, <b>c)</b> Move session to Primary School Hall if available.	Coaching group
3	Slips, trips, falls	Slips, trips & falls (ice, frost, wet leaves, wet or uneven surfaces, tree roots etc).	Junior Athletes, Coaches, Leaders and Helpers	Medium	If the conditions underfoot encountered travelling to the training session give cause for concern, the possible outcomes are: a) session cancelled with no prior notice, b) session program changed, c) session moved inside or d) session plan remains unchanged with athletes made aware of the potential hazard(s). All reminded of need to take care when training on footpaths/tracks/uneven surfaces.	Coaching group
4	Collisions	Collisions (unintentional or deliberate) between athletes or athlete and coaching team member	Junior Athletes, Coaches, Leaders and Helpers	Medium	Safety briefing prior to commencement of session.	Coaching group
5	Minor Injuries ( requiring First Aid only ).	Cuts, abrasions, blisters etc.	Junior Athletes, Coaches, Leaders and Helpers	Low	Qualified First Aider and First Aid kit available at each session.	Coaching group

6	Major Injuries	Broken bones, Chest pain, Loss of, or change in, level of consciousness, Head or neck injury etc.	Junior Athletes, Coaches, Leaders and Helpers	High	Coaching Group members have access to mobile phone with What 3 Words app installed to aid prompt attendance by emergency services.	Coaching group
7	Illness	Illnesses are many and varied in terms of their severity, longevity, ease of transmission and signs and symptoms.	Junior Athletes, Coaches, Leaders and Helpers	Medium	a) Parents/carers/guardians are reminded at regular intervals via the What's App group that their child/children should not attend training if he/she or they have an illness or are displaying signs of having one. b) If a child becomes ill during training, he/she will be moved away from others while contact is made with his/her parent/carer/guardian to arrange collection of their child. c) Coaches/run leaders have access via a mobile phone to a secure membership database which contains the contact details of the parent/carer/guardian.	Coaching group
8	Faulty Equipment	Injury caused by use of damaged equipment.	Junior Athletes	Medium	Equipment check prior to commencement of each session.	Coaching group
9	Improper use of equipment.	Injury caused by improper use of equipment.	Junior Athletes	High	Correct use of equipment demonstrated along with associated safety rules explained prior to each use of equipment.	Coaching group
10	Uncollected junior athletes	Parents/Cares/Guardians not collecting their junior athlete/athletes	Junior Athletes	Low	At least two coaches and/or run leaders to remain with junior athlete/athletes until collected. All coaches/run leaders have access to on-line Junior athlete membership records (Membership Works) including contact numbers.	Coaching group
<b>OFF ROAD TRAILS AND FOOTPATHS</b>						
11	Tree roots	Most off-road trails/footpaths will have multiple occurrences of exposed tree roots.	Junior Athletes, Coaches, Leaders and Helpers	Medium	Athletes safety briefing prior to start of run/walk	Coaching group

12	Other users of the trail/footpath.	The trails/footpaths around Steyning are used by individuals/groups riding bicycles, on horse back or on foot (walking/jogging/running),	Junior Athletes, Coaches, Leaders and Helpers	Medium	Athletes safety briefing prior to start of run or walk.	Coaching group
13	Juniors becoming detached from group.	One or more becoming detached from the rest potentially becoming lost or encountering other safeguarding issues..	Junior Athletes	High	Sufficient coach/run leader/helper led ability groupings to prevent detachment.	Coaching group
<b>TRAINING ON THE STREETS AROUND STEYNING</b>						
14	Visibility	Potential for more serious accidents when training on roads/pavements.	Junior Athletes, Coaches, Leaders and Helpers	High	a) Athletes safety briefing prior to start of each session. b) hi-viz worn by both junior athletes and coaches/run leaders/helpers at all times when training on roads/pavements	Coaching group
15	Collisions with motorised vehicles/cyclists	a) Running across junctions without checking for vehicles/cyclists, b) hill reps on quieter roads	Junior Athletes, Coaches, Leaders and Helpers	Medium	a) Athletes safety briefing prior to start of session b) traffic spotter place either side of training area to warn of approaching traffic or cyclists.	Coaching group
16	Other Hazards	Other hazards include but are not limited to a) drain/inspection covers missing or standing proud, b) low hanging tree/bush branches, c) uneven pavements, d) cars pulling out of driveways without stopping, e) vehicles pavement parking.	Junior Athletes, Coaches, Leaders and Helpers	Medium	Where possible, routes checked for hazards a) to c) prior to commencement of session.	Coaching group
<b>MEMORIAL PLAYING FIELD (CRICKET FIELD) AND RIFLE RANGE</b>						
17	Injury caused by cricket, soccer or rugby balls.	Playing field used by many groups training for ball sports. Injury is most likely to be caused by cricket balls.	Junior Athletes, Coaches, Leaders and Helpers	Medium	The Memorial Field is effectively divided in half with the ball sport groups all training in the same half. The risk is reduced by the Juniors training in the other half.	Coaching group



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species

18	Dog Faeces	In additional to the many organised groups using the Memorial Field it is very popular (as is the Rifle Range) with dog walkers not all of which clean up after their dog.	Junior Athletes, Coaches, Leaders and Helpers	Medium	The area being used to train the Junior Athletes to be checked by the coaches etc. Any find of dog faeces marked with a cone.	Coaching group
19	Dog Bites	The natural reaction of some of the Juniors when seeing a dog running around is to entice it closer so as to have the opportunity of stroking it. There is always the possibility of the dog reacting by trying to bite one or more of them.	Junior Athletes	Medium	Athletes instructed not to attempt to stroke the dog.	Coaching group
20	Snake Bites	The Rifle Range has been designated as a breeding area for the declining Adder (the only venomous snake native to the UK). Adders are generally to be found in the longer grass providing them with cover. If disturbed they will strike and inject venom although this is not normally serious or deadly.	Junior Athletes, Coaches, Leaders and Helpers	High	If the group leaders are contemplated holding a training session in the Rifle Range an assessment should be made of the current state of the Adder activity.	Coaching group
<b>PRIMARY SCHOOL HALL &amp; CLUB HOUSE</b>						
21	Excessive number of Juniors for size of hall/halls	If all juniors were to attend capacity of the indoor venues would be exceeded.	Junior Athletes	Medium	Limit number booking onto session to capacity of either School Hall or both Club House halls..	Coaching group
22	Power Cut	During winter months a significant number of sessions have to be held under artificial light.	Junior Athletes, Coaches, Leaders and Helpers	Low	Session stopped. Torches on Coaching Staff mobile telephones used to provided limited lighting. Parents / carers / guardians contacted to collect their athlete/athletes.	Coaching group
23	Fire	Discovery of fire within the building or close proximity to it.	Junior Athletes, Coaches, Leaders and Helpers	Medium	Junior athletes evacuated to a safe area, register used to ensure all are accounted for. Severity of fire assessed. If minor (e.g. similar to a fire in a waste paper bin) controllable and safe to attempt, available extinguishers used to kill fire. If more severe, session terminated, emergency services contacted..	Coaching group