

Position	Time	Name	SurName	Club	Category	CatPos	Gender	GenPos
1	01:26:09	Jon	Barnes	Henfield Joggers	OM	1	M	1
2	01:31:48	Joel	Eaton	Seaford Striders RC	M40	1	M	2
3	01:33:40	David	Bull	Crawley AC	M40	2	M	3
4	01:35:25	Chris	Bollom		OM	2	M	4
5	01:35:58	Simon	Whittaker	Helm Hill Runners	M40	3	M	5
6	01:37:59	Ben	Clarke		OM	3	M	6
7	01:39:19	Simon	Moore	Lingfield RC	M50	1	M	7
8	01:41:25	Kevin	Meegan	Arena 80 AC	M45	1	M	8
9	01:43:59	Gareth	Williams	Arena 80 AC	M40	4	M	9
10	01:44:00	James	Walker		M40	5	M	10
11	01:45:06	Rich	McLaughlin	Steyning AC	M45	2	M	11
12	01:45:20	Paul	Cates	Eton Manor AC	M55	1	M	12
13	01:46:26	Stephen	Wigmore	Horsham Joggers	M60	1	M	13
14	01:46:27	Morten	Allpass		M40	6	M	14
15	01:47:15	Anthony	Cadieu		M40	7	M	15
16	01:47:21	Tristan	Sharp	Arena 80 AC	M40	8	M	16
17	01:47:46	Stuart	Baker		M50	2	M	17
18	01:47:51	Tobias	Baker	Headington RRC	OM	4	M	18
19	01:48:22	Graeme	MacMillan		M45	3	M	19
20	01:48:51	Max	Blackburn		OM	5	M	20
21	01:49:18	Chris	Chilton		M45	4	M	21
22	01:49:25	Roger	Taylor	East Grinstead Triathlon Club	M45	5	M	22
23	01:49:51	Mark	Jacques		OM	6	M	23
24	01:50:39	James	Danvers		OM	7	M	24
25	01:50:41	Matt	Higgins		M45	6	M	25
26	01:51:03	Robert	Beale		M40	9	M	26
27	01:51:23	Tom	Huson		M40	10	M	27
28	01:51:44	Robert	McCaffrey	Dorking & Mole Valley AC	M50	3	M	28
29	01:51:50	Kirsty	Armstrong	Burgess Hill Runners	F45	1	F	1
30	01:51:51	Jon	Funnell		M45	7	M	29
31	01:53:34	John	Murphy		OM	8	M	30
32	01:54:05	Philip	Morgan		M50	4	M	31

Position	Time	Name	SurName	Club	Category	CatPos	Gender	GenPos
33	01:54:24	Sarah	Smith	Haslemere Border AC	F40	1	F	2
34	01:54:46	Barry	Pearson		M40	11	M	32
35	01:55:04	James	Lisher		M40	12	M	33
36	01:55:27	Gavin	Bussey		M45	8	M	34
37	01:55:28	Sam	Thomson		M40	13	M	35
38	01:55:42	David	Whittle	Henfield Joggers	M55	2	M	36
39	01:55:51	Joshua	Ansell		M45	9	M	37
40	01:56:04	Daniel	Adlington		OM	9	M	38
41	01:56:42	Mark	Range	Lonely Goats	M45	10	M	39
42	01:56:47	Shane	Bridgman	Steyning AC	M45	11	M	40
43	01:57:08	Richard	Eastham	Maverick Run Project	M45	12	M	41
44	01:57:24	Joe	Barber		M40	14	M	42
45	01:57:45	Scott	Knight		OM	10	M	43
46	01:57:51	Jack	Moon		OM	11	M	44
47	01:58:30	Toosie	Bawden		F40	2	F	3
48	01:58:36	Michael	Osmon	Worthing Striders	OM	12	M	45
49	01:58:52	Jamie	Goodhead	Burgess Hill Runners	M50	5	M	46
50	01:59:38	Anthony	Fitzpatrick	Steyning AC	M55	3	M	47
51	01:59:49	Lucy	Moon		OF	1	F	4
52	02:00:30	Mark	Aldred	Lingfield RC	M45	13	M	48
53	02:01:15	Rich	Howorth		M50	6	M	49
54	02:01:29	Andy	Wheeler		OM	13	M	50
55	02:01:50	Lyndsey	Osland	Worthing & District Harriers	OF	2	F	5
56	02:02:13	Matt	Boxall	East Grinstead Triathlon Club	M40	15	M	51
57	02:02:21	Amber	Wright	Cambridge University Hare & Hounds	OF	3	F	6
58	02:02:23	William	Swift		OM	14	M	52
59	02:02:58	Jonathan	Bremner		M50	7	M	53
60	02:03:07	Shaun	Bigg		M40	16	M	54
61	02:03:11	Gareth	Coombes	Tuff Fitty Triathlon Club	OM	15	M	55
62	02:03:22	Allan	Curme	Worthing & District Harriers	M45	14	M	56
63	02:04:28	Michele	Nixon	Crawley Saints & Sinners Running Club	F45	2	F	7
64	02:04:29	Zoe	Woodward	Eton Manor AC	F55	1	F	8

Position	Time	Name	SurName	Club	Category	CatPos	Gender	GenPos
65	02:05:03	Lauren	Swatton		F35	1	F	9
66	02:05:36	Matthew	Snell		OM	16	M	57
67	02:06:00	Anthony	Bunker	St Albans Striders	M45	15	M	58
68	02:06:19	Pendabede	Stally	Southampton University Athletics & Cross Country Team	M45	16	M	59
69	02:06:53	Tom	Robinson		OM	17	M	60
70	02:06:54	Claudia	Wright		F50	1	F	10
71	02:06:55	Carolyn	Sadler		F50	2	F	11
72	02:07:22	Richard	Stadden		M65	1	M	61
73	02:07:25	Amanda	Link	Rebel Runners Medway	F45	3	F	12
74	02:07:57	Matthew	Alcott		M45	17	M	62
75	02:08:00	Alec	Coughtrey		M50	8	M	63
76	02:08:39	Lucy	Richardson	Lewes AC	FO	5	F	13
77	02:08:48	Graham	Evans		M45	18	M	64
78	02:09:26	Nick	Breen		OM	18	M	65
79	02:10:10	Luke	Bicker		M40	17	M	66
80	02:10:13	Lee	Gulliver	Worthing & District Harriers	M45	19	M	67
81	02:10:23	Nick	Murray	Worthing & District Harriers	M50	9	M	68
82	02:10:49	Phil	Metcalfe		M40	18	M	69
83	02:10:51	Emily	Eaton	Seaford Striders RC	F35	2	F	14
84	02:11:32	George	Evans	Portslade HedgeHoppers	M60	2	M	70
85	02:11:39	Lucy	Egan	Hove Hornets	F50	3	F	15
86	02:11:39	Martin	Kotze		M45	20	M	71
87	02:11:42	Matt	Orrell	Worthing & District Harriers	M50	10	M	72
88	02:11:47	Paul	Durrant	Worthing Striders	M45	21	M	73
89	02:12:22	Simon	Russell		M60	3	M	74
90	02:12:40	Jean-Pierre	Dias		M50	11	M	75
91	02:12:45	Carey	Smith		OF	4	F	16
92	02:12:56	Ross	Marchant		M40	19	M	76
93	02:13:20	Julia	Griggs		F45	4	F	17
94	02:13:29	Roger	Brooks		M50	12	M	77
95	02:13:30	David	Posnett		M60	4	M	78
96	02:13:52	Rowena	Tierney		F45	5	F	18

Position	Time	Name	SurName	Club	Category	CatPos	Gender	GenPos
97	02:14:06	Joss	Carter		M40	20	M	79
98	02:14:14	Stephen	Lynn		M55	4	M	80
99	02:14:27	Frank	Stone	Crawley Saints & Sinners Running Club	M60	5	M	81
100	02:14:30	Robert	Cooper		M40	21	M	82
101	02:14:52	Andrew	Biggs	Burgess Hill Runners	M50	13	M	83
102	02:15:16	Zoe	Norman		F35	3	F	19
103	02:15:10	Phil	Clarke		M50	14	M	84
104	02:15:16	Steve	Bower		M60	6	M	85
105	02:15:25	Mike	Hook	Mid Sussex Triathlon Club	M40	22	M	86
106	02:15:44	Robert	Sadler		M50	15	M	87
107	02:15:53	James	Campbell		M40	23	M	88
108	02:16:02	Ben	Smith	Hove Hornets	M45	22	M	89
109	02:16:05	Lorna	McMillan		F45	6	F	20
110	02:16:06	Clive	Mills	Arunners RC	M45	23	M	90
111	02:16:23	Andy	Jarman		M55	5	M	91
112	02:16:42	Claire	Monahan		F40	3	F	21
113	02:16:57	Rob	Harrington	Henfield Joggers	OM	19	M	92
114	02:17:34	Jo	Robinson	Bad Boy Running Club	F45	7	F	22
115	02:17:35	Adam	Searle		M40	24	M	93
116	02:18:05	Arlo	Risby		M40	25	M	94
117	02:18:37	Phyl	Weston	Horsham Joggers	F55	2	F	23
118	02:18:56	Emma	Buckland	Burgess Hill Runners	F45	8	F	24
119	02:19:25	Liz	Carter		F50	4	F	25
120	02:19:29	Peter	Wirtzfeld	Run Academy Worthing	M60	7	M	95
121	02:19:31	Michael	Leek		M40	26	M	96
122	02:19:44	Jordan	Gilbert	Thanet Road Runners AC	OM	20	M	97
123	02:20:03	Victoria	Grout		F50	5	F	26
124	02:20:22	Jennifer	Freeman		F40	4	F	27
125	02:20:28	Adriano	Papiro	Lonely Goats RC	M40	27	M	98
126	02:20:44	Malcolm	Ward		M45	24	M	99
127	02:20:46	Simon	Owen		M60	8	M	100
128	02:21:11	Claire	Ridley	Steyning AC	F45	9	F	28

Position	Time	Name	SurName	Club	Category	CatPos	Gender	GenPos
129	02:21:13	Pierre	D'alessio		M55	6	M	101
130	02:21:13	Anna	Gibson		F40	5	F	29
131	02:21:28	Lindsay	McFarlane		F40	6	F	30
132	02:21:29	Melvyn	Yeo		M55	7	M	102
133	02:21:34	Kate	Custis	Orpington Road Runners	F55	3	F	31
134	02:21:34	Henry	Speight	Brighton & Hove City AC	M50	16	M	103
135	02:22:09	Jonathan	Howgill		M40	28	M	104
136	02:22:59	John	Povock		M60	9	M	105
137	02:23:59	Joe	Wood		OM	21	M	106
138	02:24:18	Ian	Hews	Fell Runners Association	M55	8	M	107
139	02:24:19	Claire	Hews	Norfolk Gazelles RC	OF	5	F	32
140	02:24:32	Damon	Block	Arunners RC	M50	17	M	108
141	02:24:32	Sheri	Halfacree	Arunners RC	F50	6	F	33
142	02:24:42	Jennifer	Mason		OF	6	F	34
143	02:24:42	Brian	Mason	Steyning AC	M60	10	M	109
144	02:24:56	Karine	Le Hegarat		F50	7	F	35
145	02:25:07	Alasdair	Flint		M65	2	M	110
146	02:25:11	Geraldine	Tyler		F55	4	F	36
147	02:25:49	Fern	MacDonald		OF	7	F	37
148	02:26:04	Mercy	Dennis-Smith	Burgess Hill Runners	OF	8	F	38
149	02:26:11	Tony	Finnemore		M60	11	M	111
150	02:26:15	Stuart	Parkes		OM	22	M	112
151	02:26:16	Thomas	Parkes		OM	23	M	113
152	02:26:17	Claire	Rudd		F35	4	F	39
153	02:26:21	Nick	Newman		M45	25	M	114
154	02:26:23	Russell	Bunker		M45	26	M	115
155	02:26:24	Tim	Williams		M45	27	M	116
156	02:26:32	Jake	Jones		OM	24	M	117
157	02:26:40	Deborah	Hale		F45	10	F	40
158	02:26:50	Vicky	Holliday	Horsham Joggers	F35	5	F	41
159	02:26:56	Ross	Sandy	Rebel Runners Medway	M40	29	M	118
160	02:27:47	Kate	Lavender		F50	8	F	42

Position	Time	Name	SurName	Club	Category	CatPos	Gender	GenPos
161	02:28:30	Luke	Tonks		OM	25	M	119
162	02:28:41	Richard	Neale	Burgess Hill Runners	OM	26	M	120
163	02:29:30	John	Bradbury	Trail Running Association	M55	9	M	121
164	02:29:33	Stephen	Foy		F35	14	M	122
165	02:29:32	Sarah	Cole		F40	7	F	43
166	02:29:33	Kelly	Measures		F45	11	F	44
167	02:29:34	James	Foottit		M40	30	M	123
168	02:30:32	Stacey	Arkwell		F40	8	F	45
169	02:31:23	Paul	Crowe	Henfield Joggers	M65	3	M	124
170	02:31:37	Robert	Loveridge		M50	18	M	125
171	02:33:18	Chris	Page	Burgess Hill Runners	M60	12	M	126
172	02:33:53	Grit	Eckert		F35	6	F	46
173	02:34:55	Nikolina	Attwood		F40	9	F	47
174	02:34:55	Bethan	Bowers		F40	10	F	48
175	02:35:44	Paul	Curtis		M60	13	M	127
176	02:35:45	Victoria	Morgan		F35	7	F	49
177	02:35:46	Stacey	Brown	Vegan Runners	OF	9	F	50
178	02:35:55	Ilidia	Campbell	Henfield Joggers	F65	1	F	51
179	02:36:09	Rudi	Dharmalingam		M40	31	M	128
180	02:36:28	Jenny	Cadman		F50	9	F	52
181	02:36:32	Jane	Owen	Burgess Hill Runners	F45	12	F	53
182	02:36:34	Fred	Sykes	Burgess Hill Runners	M55	10	M	129
183	02:37:35	Michael	Osborne	Portsmouth Triathletes	M60	14	M	130
184	02:37:57	Andy	Elder	Portsmouth Triathletes	M55	11	M	131
185	02:38:25	Myles	Colbert		OM	27	M	132
186	02:39:31	Natasha	Heasman	Horsham Joggers	F50	10	F	54
187	02:40:05	Helen	Trehane		F35	8	F	55
188	02:40:05	Andrew	Wilkinson	Portslade HedgeHoppers	M60	15	M	133
189	02:40:09	Gareth	Easton		M45	28	M	134
190	02:40:06	Sophie	Goodall-Smith	Portslade HedgeHoppers	F45	13	F	56
191	02:40:09	James	Millen	Portslade HedgeHoppers	M50	19	M	135
192	02:40:45	Kerry	Kipling		F50	11	F	57

Position	Time	Name	SurName	Club	Category	CatPos	Gender	GenPos
193	02:41:11	Sarah	Lowden	Lancing Eagles RC	F45	14	F	58
194	02:42:10	Paul	Campion	Henfield Joggers	M55	12	M	136
195	02:42:31	Sarah	Russell	Brighton Phoenix	F55	5	F	59
196	02:42:33	Chania	Hemsley-Smith	Burgess Hill Runners	F55	6	F	60
197	02:42:40	Matt	Musgrove		M50	20	M	137
198	02:42:41	Lisa	Beaney	West Wight Road Runners	F50	12	F	61
199	02:42:53	Melanie	Maccormack		F35	9	F	62
200	02:42:55	Paul	Smith	Pound Hill Pounders	M40	32	M	138
201	02:43:05	Alexandra	Sandys	East Grinstead Triathlon Club	F55	7	F	63
202	02:43:37	Barrie	Cox		M40	33	M	139
203	02:45:04	Suzannah	Yassa	Burgess Hill Runners	OF	10	F	64
204	02:45:06	Thomas	Peel-Yates	Burgess Hill Runners	M50	21	M	140
205	02:45:15	Greg	Whiteman	26.2 RRC	M50	22	M	141
206	02:46:05	Charlie	Barker	Harvel Hash House Harriers	M45	29	M	142
207	02:46:22	Jayne	Leaney	Burgess Hill Runners	F60	1	F	65
208	02:48:01	Lorna	Hart	Henfield Joggers	F50	13	F	66
209	02:48:15	Rainer	Hirt	Burgess Hill Runners	M55	13	M	143
210	02:48:34	Jo	Addison		F40	11	F	67
211	02:49:11	Tony	Smalley		M55	14	M	144
212	02:49:29	Sharon	Chladek		F55	8	F	68
213	02:50:15	Fleur	Cay		F45	15	F	69
214	02:50:19	Emma	Goodhead	Burgess Hill Runners	F50	14	F	70
215	02:50:21	Chris	Hill	BeaRCat Running Club	M50	23	M	145
216	02:50:30	Jim	McPherson		M50	24	M	146
217	02:50:49	Keith	Simpson	Striders of Croydon AC	M70	1	M	147
218	02:51:24	Katie	Lamb	Pound Hill Pounders	F35	10	F	71
219	02:56:14	Mark	Skilton	Henfield Joggers	M60	16	M	148
220	02:56:15	Kas	Fletcher	Henfield Joggers	F55	9	F	72
221	02:57:04	Caroline	Mantle		F35	11	F	73
222	02:58:15	Lucia Maria	Sharif		OF	11	F	74
223	02:58:23	Mary	Keogh		F40	12	F	75
224	02:58:36	Desmond	Keogh		M55	15	M	149

Position	Time	Name	SurName	Club	Category	CatPos	Gender	GenPos
225	02:59:12	Kelly	Short	Harvel Hash House Harriers	F45	16	F	76
226	03:00:17	Steve	Turner		M55	16	M	150
227	03:00:20	Lee	Perry		M50	25	M	151
228	03:00:21	Phoebe	Perry		OF	12	F	77
229	03:00:39	Melanie	Mitchell		F55	10	F	78
230	03:01:04	Joanne	Hartland		F60	2	F	79
231	03:01:14	Sarah	Smith		F55	11	F	80
232	03:01:23	Xiaochun	Gao		F50	15	F	81
233	03:01:37	Mark	Smith		M55	17	M	152
234	03:03:44	Anne	Hagan	Lewes AC	F65	2	F	82
235	03:03:48	Brigitte	Groves	Arena 80 AC	F60	3	F	83
236	03:03:48	Deborah	Absalom	Arena 80 AC	F65	3	F	84
237	03:04:08	Rosalind	Clarke		F45	17	F	85
238	03:05:26	Kay	Maynard	Kent Police AC	F45	18	F	86
239	03:07:09	Tim	Wilburn		M50	26	M	153
240	03:07:14	Izabela	Smolarek	Portsmouth Triathletes	F35	12	F	87
241	03:07:50	Els	Coumans		F50	16	F	88
242	03:07:50	Karen	Wilson		F50	17	F	89
243	03:08:47	Dawn	Cobbett	Run Academy Worthing	F60	4	F	90
244	03:14:01	Angela	Dolan		F45	19	F	91
245	03:14:02	Grant	Dell		M55	18	M	154
246	03:17:09	Lucy	Howard	Chichester Runners & AC	F55	12	F	92
247	03:17:56	Mary	Curran		F40	13	F	93
248	03:18:36	Simon	Lewis	Natural Born Runners	M60	17	M	155
249	03:22:13	Sarah	Thompson	Burgess Hill Runners	F55	13	F	94
250	03:22:16	Simon	Y	Burgess Hill Runners	M45	30	M	156
251	03:28:04	Rebecca	Skiming		OF	13	F	95
252	03:29:36	Rosie	Hart	Henfield Joggers	OF	14	F	96
253	03:29:36	Jack	Hawkins	Henfield Joggers	OM	28	M	157
254	03:33:19	Trevor	Montague	Crawley AC	M65	4	M	158
255	03:37:15	Phil	Gibbs		M55	19	M	159
256	03:37:28	Paul	McLaughlin		M60	18	M	160

Position	Time	Name	SurName	Club	Category	CatPos	Gender	GenPos
257	03:38:33	Mark	Potter		M50	27	M	161
258	03:41:19	Janet	Trigwell	Crawley Run Crew	F40	14	F	97
259	03:46:38	Ken	Lawton		M75	1	M	162
260	03:57:19	Aruni	Gunaratne		F40	15	F	98
261	03:57:19	Suzie	Davies		F45	20	F	99
262	03:59:25	Sarah	O'Donoghue		F50	18	F	100
263	03:59:25	Mary	O'Rourke		F65	4	F	101
264	04:30:05	Paula	Pumphrey		F55	14	F	102
265	05:56:34	Rebecca	Roberts		F35	13	F	103