

Steyping AC Swimming Records - Veterans (40-49 Years)

(at 1st Feb. 2013)

Freestyle

Male			Distance	Female		
Time	Name	Date		Time	Name	Date
31.1	Andy Smith Lawrence Naested	Jan. 07 Jan. '08	50 m	33.7	Moyra Amess	Jan. '12
1:09.7	Brian Mason	Jan. '06	100 m	1:15.1	Sarah Cotton	Jan. '13
2:39.7	Paul Maggs	Feb. '09 Jan. '12	200 m	2:43.6	Sarah Cotton	Jan. '13
5:36.2	Lawrence Naested	Apr. '12	400 m	5:48.8	Sarah Cotton	Sept. '12
11:40.7	Lawrence Naested	Jan. '12	800 m	11:52.2	Sarah Cotton	Jan. '13

Backstroke

Male			Distance	Female		
Time	Name	Date		Time	Name	Date
42.5	Adrian Harwood	Jan. '06	50 m	43.2	Moyra Amess	Jan. '12
1:31.2	Andy Smith	Jan. '07	100 m	1:39.2	Moyra Amess	Jan. '07
4:39.3	Dave Tibbals	Dec. '08	200 m	4:09.6	Sarah Cotton	Aug. '08

Breaststroke

Male			Distance	Female		
Time	Name	Date		Time	Name	Date
38.2	Lawrence Naested	Jan. '08	50 m	43.4	Moyra Amess	Feb. '09
1:31.8	Brian Mason	Jan. '06	100 m	1:36.7	Moyra Amess	Jan. '07
3:22.4	Brian Mason	Apr. '08	200 m	3:33.0	Moyra Amess	Apr. '08

Butterfly

Male			Distance	Female		
Time	Name	Date		Time	Name	Date
35.1	Lawrence Naested	Jan. '07	50 m	41.6	Sarah Cotton	Jan. '12
1:22.3	Lawrence Naested	Jan. '05	100 m	1:59.7	Cherry Neate	Jan. '06
3:57.5	Gary Priddis	Nov. '07	200 m			

Individual Medley

Male			Distance	Female		
Time	Name	Date		Time	Name	Date
1:24.1	Lawrence Naested	Jan. '05	100 m	1:31.5	Moyra Amess	Nov. '11
3:14.0	Brian Mason	Nov. '10	200 m	3:24.7	Moyra Amess	Nov. '09
7:06.2	Brian Mason	Nov. '06	400 m	8:53.3	Cherry Neate	Dec. '06