

## SAC Swim Training Groups - Spring 2011

**Wednesday, 7:30pm - 8:30pm**

	Group A		Group B	
	Lane 1	Lane 2	Lane 3	Lane 4
1	Josh Cassidy-Stone	Simon James	Wayne Gosden	Alison Brown
2	Tim van Ellemeet	Moyra Amess	Jane Priddis	Cathy Ford
3	Brian Mason	Georgina Oxley	Adrian Brown	Lee Oxley
4	Paul Maggs	Amanda Oxley	Pete Lane	Daniel Pressley
5	Gary Brind	Hannah James	Tom Hallett	George Vargha
6	Sarah Cotton	Jon Brook	Tim Warren	Elaine Scott
7	Lian Middleton	Sue Ford-Dunn	Cherry Neate	Louise Maggs
<b>Coach</b>	<b>Gary Priddis</b>			

**Saturday, 9:00am - 10:00am**

	Group A		Group B	
	Lane 1	Lane 2	Lane 3	Lane 4
1	Brian Mason	Lian Middleton	Claire Parnell	Tim Priddis
2	Paul Maggs	Simon James	Jane Priddis	Frank Todd
3	Gary Brind	Moyra Amess	Adrian Brown	Nicola Bean
4	Lawrence Naested	Georgina Oxley	Pete Lane	Lisa Jones
5	George Middleton	Amanda Oxley	Rose Naested	Ruth Saunders
6	Sarah Cotton	Sue Ford-Dunn	Mark Tyler	Alison Brown
7	Simon Priddis	Gary Priddis	Liz Claridge	Lee Oxley
<b>Coach</b>	<b>Jon Brook</b>		<b>Cherry Neate</b>	

**Saturday, 10:00am - 11:00am**

	Group A		Group B	Stormers
	Lane 1	Lane 2	Lane 3	Lane 4
1	Cherry Neate	Ross Wellby	Mike Miller	Joe Tutton
2	Lauren James	Daniel Pressley	Carol Killick	Laurence Clough-Young
3	Mel Stone	Jo Sheppard	Jeremy Thomas	Alfie Scott
4	Chris Lee	Dave Tibbals	Barbara Ford-Dunn	Alice Amess
5	Elaine Scott	Nigel McAllister	Lucy Lane	Bethany Smith
6	George Vargha	Phillipa Oxley	Ann Naested	Lois Claridge
7	Sophie Tutton	Steve Clough-Young	Anne-Marie Palmer	Niamh Halloren
8			Carol Charlton	
<b>Coach</b>	<b>Adrian Brown</b>		<b>Frank Todd / Gary Priddis</b>	

**Note:** The composition of each training group will remain fixed for the duration of the training cycle. However, the seedings within a training group are at the discretion of the coach, and are likely to change according to the objectives and nature of the training session.