

Pos	Time	Race No.	Name	Surname	Gen	Gen Pos.	Club
1	36:06	656	Andrew	McCaskill	M	1	Unattached
2	36:39	234	Andy	Massingale	M	2	Henfield Joggers
3	37:12	590	Emil	Pruden	M	3	Unattached
4	37:29	442	Richard	Robinson	M	4	Lewes AC
5	37:36	523	Owen	Knight	M	5	Worthing Harriers
6	37:42	477	Alex	Rawlinson	M	6	Portslade Hedgehoppers
7	37:48	65	Aled	Anderson	M	7	Arena 80 AC
8	37:50	428	Chris	Coffey	M	8	Lewes AC
9	38:10	66	Del	Wallace	M	9	Arena 80 AC
10	38:18	640	Rob	Sherwood	M	10	Horsham Joggers
11	39:18	646	Alex	Smith	M	11	Unattached
12	39:20	537	Ollie	Owen	M	12	Worthing Harriers
13	39:45	214	Mark	Furth	M	13	Henfield Joggers
14	39:58	301	Graham	Timpson	M	14	Chichester Runners
15	40:10	519	Lloyd	Palmer	M	15	Worthing Harriers
16	40:35	424	Colin	Bennett	M	16	Lewes AC
17	40:43	605	Trevor	Barrett	M	17	Horsham Joggers
18	40:48	657	Chris	Leech	M	18	Steyning AC
19	41:10	143	Mark	Nicolls	M	19	Burgess Hill Runners
20	41:21	368	Rob	Dale	M	20	Fittleworth Flyers
21	41:39	182	Scott	Wallace	M	21	Goring Road Runners
22	41:41	521	Matthew	Wilson	M	22	Worthing Harriers
23	41:45	443	Robert	Cooper	M	23	Lewes AC
24	41:55	439	John	Dryden	M	24	Lewes AC
25	41:59	541	Joe	Solti	M	25	Worthing Harriers
26	42:02	602	Nick	Casburn	M	26	Unattached
27	42:12	436	Jack	Arscott	M	27	Lewes AC
28	42:18	425	Ben	Hodgson	M	28	Lewes AC
29	42:22	609	Richard	Penning	M	29	Unattached
30	42:41	498	Paul	Luttman	M	30	Saints and Sinners
31	42:45	175	Pierre-Alain	Ruffie	M	31	Crawley Run Crew
32	43:11	540	Stephen	Cousins	M	32	Worthing Harriers
33	43:16	150	Leigh	Smith	M	33	Burgess Hill Runners
34	43:20	139	Shawn	Lainchbury	M	34	Burgess Hill Runners
35	43:22	68	Craig	Issac	M	35	Arena 80 AC
36	43:26	148	Rob	Shalloe	M	36	Burgess Hill Runners
37	43:28	205	Alan	Griffiths	M	37	Henfield Joggers
38	43:28	618	Cive	Spencer	M	38	Crawley AC
39	43:32	37	Nick	Phillips	M	39	Unattached
40	43:38	435	Ian	Fines	M	40	Lewes AC
41	43:42	307	Matt	Lambert	M	41	Hove Hornets
42	43:47	356	Ryan	Johnstone	M	42	Hove Hornets
43	43:48	305	Jason	Snow	M	43	Chichester Runners
44	43:54	84	Robin	Charnock	M	44	Arunners
45	44:03	12	Colin	Lammie	M	45	Unattached
46	44:05	585	Thomas	Marsden	M	46	Unattached
47	44:06	441	Gyles	Abbot	M	47	Lewes AC
48	44:19	543	Darren	Lodge	M	48	Worthing Harriers
49	44:21	181	Michael	Jones	M	49	Goring Road Runners
50	44:21	268	Harry	Wilcox	M	50	Horsham Joggers
51	44:30	430	David	Prince-Iles	M	51	Lewes AC
52	44:35	134	Rod	Catton	M	52	Burgess Hill Runners
53	44:43	423	Alex	Monson	M	53	Lewes AC
54	44:54	103	Daren	Stemp	M	54	Arunners
55	44:57	518	James	Oram	M	55	Worthing Harriers
56	44:58	348	Matt	Dougan	M	56	Hove Hornets
57	44:58	490	Mark	Ellard	M	57	Saints and Sinners
58	45:05	373	Shaun	Jinks	M	58	Fittleworth Flyers

59	45:05	478	Will	Russell	M	59	Portslade Hedgehoppers
60	45:13	292	Emma	Hughes	F	1	Chichester Runners
61	45:23	349	Georgie	Anderson	F	2	Hove Hornets
62	45:24	517	Phil	Metcalfe	M	60	Worthing Harriers
63	45:27	344	Helen	Kent	F	3	Hove Hornets
64	45:28	83	Guy	Robson	M	61	Arunners
65	45:28	114	Kirsty	Armstrong	F	4	Burgess Hill Runners
66	45:33	501	Robin	Nower	M	62	Saints and Sinners
67	45:35	535	Cameron	McLatchie	M	63	Worthing Harriers
68	45:36	528	Andrew	Spells	M	64	Worthing Harriers
69	45:42	73	Tim	Boone	M	65	Arunners
70	45:54	432	Edward	Wheeler	M	66	Lewes AC
71	45:55	190	Peter	Phillips	M	67	Worthing Striders
72	46:02	322	Travis	Eyles	M	68	Hove Hornets
73	46:22	208	Ben	Brown	M	69	Henfield Joggers
74	46:22	647	Paul	Blackmore	M	70	Unattached
75	46:25	584	Ollie	Beaney	M	71	Unattached
76	46:27	147	Andy	Sayers	M	72	Burgess Hill Runners
77	46:28	375	Steve	Kavanagh	M	73	Fittleworth Flyers
78	46:28	302	David	Knight	M	74	Chichester Runners
79	46:30	351	Jenny	Fish	F	5	Hove Hornets
80	46:39	353	David	Turner	M	75	Hove Hornets
81	46:40	580	Simon	Thraves	M	76	Fittleworth Flyers
82	46:43	444	Sarah	Godley	F	6	Lewes AC
83	46:46	401	Stuart	Underwood	M	77	Lancing Eagles
84	46:50	649	Graham	Powell	M	78	Unattached
85	46:51	431	Dominic	Osman-Allu	M	79	Lewes AC
86	46:51	398	Stephen	Thomas	M	80	Lancing Eagles
87	46:52	621	Matthew	Webb	M	81	Hove Hornets
88	46:54	100	Dani	Price	F	7	Arunners
89	46:56	70	Marcus	Dwyer	M	82	Arena 80 AC
90	46:56	304	David	Pike	M	83	Chichester Runners
91	46:59	406	Nik	Barter	M	84	Lancing Eagles
92	47:01	340	Charlotte	Boden	F	8	Hove Hornets
93	47:12	207	Chris	Brown	M	85	Henfield Joggers
94	47:16	164	Stephen	Goldsmith	M	86	Crawley Run Crew
95	47:18	522	Peter	Seth	M	87	Worthing Harriers
96	47:18	511	Dave	Tibbals	M	88	Saints and Sinners
97	47:19	542	Haley	Swann	F	9	Worthing Harriers
98	47:21	218	Chris	Sloggett	M	89	Henfield Joggers
99	47:26	354	Steve	Jay	M	90	Hove Hornets
100	47:27	587	Michael	Yearsley	M	91	Unattached
101	47:31	458	Geraldine	Moffat	F	10	Portslade Hedgehoppers
102	47:32	316	Oliver	Pendlington	M	92	Hove Hornets
103	47:42	313	Lucy	Richardson	F	11	Hove Hornets
104	47:44	608	Reg	Shirley	M	93	Goring Road Runners
105	47:51	491	Ian	Greenaway	M	94	Saints and Sinners
106	47:52	539	Tim	Bushby	M	95	Worthing Harriers
107	47:54	229	Rob	Harrington	M	96	Henfield Joggers
108	47:57	137	Douglas	Cooper	M	97	Burgess Hill Runners
109	48:00	533	John	Henty	M	98	Worthing Harriers
110	48:02	77	Chris	Rowe	M	99	Arunners
111	48:03	287	Paul	Chantler	M	100	Horsham Joggers
112	48:06	639	Michael	Hartland	M	101	Unattached
113	48:09	336	Richard	Burrell-Ashbee	M	102	Hove Hornets
114	48:13	583	Andy	Yearsley	M	103	Unattached
115	48:20	303	Mike	Moorcroft	M	104	Chichester Runners
116	48:35	396	Liam	Banham-Rayward	M	105	Lancing Eagles
117	48:47	64	Michael	Miller	M	106	Arena 80 AC
118	48:48	331	Mike	Howard	M	107	Hove Hornets

119	48:50	482	Steve	Baker	M	108	Saints and Sinners
120	48:53	320	Xenia	Parsons	F	12	Hove Hornets
121	48:54	485	Dave	Cook	M	109	Saints and Sinners
122	48:57	629	Will	Robards	M	110	Unattached
123	48:59	253	Ross	Parmenter	M	111	Henfield Joggers
124	49:00	534	Russell	Banks	M	112	Worthing Harriers
125	49:01	27	Don	Bearman	M	113	Steyning AC
126	49:03	54	Jon	Rodgers	M	114	Steyning AC
127	49:08	112	Lulu	Albrecht	F	13	Arunners
128	49:09	260	Maldwyn	Thornton	M	115	Horsham Joggers
129	49:09	206	Justin	Reynolds	M	116	Henfield Joggers
130	49:11	394	Jed	Dickerson	M	117	Lancing Eagles
131	49:15	469	George	Evans	M	118	Portslade Hedgehoppers
132	49:17	332	Marlon	Webb	M	119	Hove Hornets
133	49:18	132	Andrew	Bishop	M	120	Burgess Hill Runners
134	49:19	361	Robert	Turner	M	121	Hove Hornets
135	49:27	374	Phil	Jones	M	122	Fittleworth Flyers
136	49:27	544	Mark	Mcloughlin	M	123	Haywards Heath Harriers
137	49:27	297	Tim	Brown	M	124	Chichester Runners
138	49:30	288	Emma	Walters	F	14	Horsham Joggers
139	49:31	19	Lucy	Egan	F	15	Hove Hornets
140	49:36	109	Ollie	Carter	M	125	Arunners
141	49:37	388	John	Hardy	M	126	Lancing Eagles
142	49:39	429	David	Foster	M	127	Lewes AC
143	49:41	538	Nathan	Pryor	M	128	Worthing Harriers
144	49:46	438	Jo	Miles	F	16	Lewes AC
145	49:51	599	Dominic	O'Brien	M	129	Unattached
146	50:00	315	Michelle	Inness	F	17	Hove Hornets
147	50:09	239	Ken	Ford	M	130	Henfield Joggers
148	50:11	457	Jo	Mabbitt	F	18	Portslade Hedgehoppers
149	50:16	610	Richard	Speller	M	131	Horsham Joggers
150	50:18	49	Peter	Wirtzfeld	M	132	Run Academy Worthing
151	50:19	549	Richard	Bowdrey	M	133	Unattached
152	50:20	81	Geoff	Rijlaars	M	134	Arunners
153	50:20	451	Judith	Carder	F	19	Portslade Hedgehoppers
154	50:20	652	Huw	Morris	M	135	Unattached
155	50:27	72	Peter	Jones	M	136	Arunners
156	50:31	633	Brendon	Smith	M	137	Unattached
157	50:33	479	Andy	Strach	M	138	Portslade Hedgehoppers
158	50:38	410	Kathleen	Law	F	20	Lancing Eagles
159	50:40	191	Paul	Hurley	M	139	Worthing Striders
160	50:41	269	Richard	Cornell	M	140	Horsham Joggers
161	50:42	433	Ellen	Brookes	F	21	Lewes AC
162	50:42	299	Marcus	Hammerton	M	141	Chichester Runners
163	50:47	405	Stephen	Divers	M	142	Lancing Eagles
164	51:16	261	Alan	Pettitt	M	143	Horsham Joggers
165	51:19	270	Simon	Gledhill	M	144	Horsham Joggers
166	51:21	53	Andrew	Wright	M	145	Victory AC
167	51:23	619	Terry	Heath	M	146	Lancing Eagles
168	51:29	298	Dan	Busher	M	147	Chichester Runners
169	51:30	567	Matthew	Davis	M	148	Fittleworth Flyers
170	51:33	556	Sarah	Collins	F	22	Unattached
171	51:33	434	Hugh	St John	M	149	Lewes AC
172	51:36	286	Alan	Maclachlan	M	150	Horsham Joggers
173	51:36	87	Nuala	Smyth	F	23	Arunners
174	51:37	503	Matt	Prescott	M	151	Saints and Sinners
175	51:40	617	Elliot	Spencer	M	152	Unattached
176	51:45	500	Michele	Nixon	F	24	Saints and Sinners
177	51:50	342	Georgia	Flowers	F	25	Hove Hornets
178	51:58	255	Pugs	Reeves	M	153	Henfield Joggers

179	52:02	135	Gayle	Tyler	F	26	Burgess Hill Runners
180	52:04	497	Cara	Law	F	27	Saints and Sinners
181	52:11	183	Ray	O'Leary	M	154	Goring Road Runners
182	52:12	384	Ed	Warner	M	155	Fittleworth Flyers
183	52:13	311	Graeme	Poulton	M	156	Hove Hornets
184	52:15	32	Rory	Mansfield-Osborne	M	157	Unattached
185	52:19	187	Mark	Armitage	M	158	Haywards Heath Harriers
186	52:20	391	Henry	Ainsley	M	159	Lancing Eagles
187	52:27	136	Stuart	Condie	M	160	Burgess Hill Runners
188	52:29	475	Dave	Maskell	M	161	Portslade Hedgehoppers
189	52:30	582	Christopher	Lee	M	162	Steyping AC
190	52:36	586	Samuel	Marsden	M	163	Unattached
191	52:37	400	Chris	Hayes	M	164	Lancing Eagles
192	52:40	573	Sue	Crabtree	F	28	Arunners
193	52:47	80	Wayne	Stobbe	M	165	Arunners
194	52:47	512	Andrew	Vine	M	166	Saints and Sinners
195	52:55	138	Nigel	Cruttenden	M	167	Burgess Hill Runners
196	52:58	78	Damon	Block	M	168	Arunners
197	53:01	71	Peter	Davey	M	169	Arunners
198	53:04	576	Mark	Smith	M	170	Unattached
199	53:07	564	Ben	Tapp	M	171	Unattached
200	53:09	421	Simone	Cuthbert	F	29	Lancing Eagles
201	53:09	622	Adam	Collard	M	172	Lancing Eagles
202	53:13	11	Matteo	Garaty	M	173	Unattached
203	53:16	648	Brian	Grigg	M	174	Unattached
204	53:16	59	Peter	Howe	M	175	Unattached
205	53:17	124	Annette	Maynard	F	30	Burgess Hill Runners
206	53:19	266	Richard	Cherriman	M	176	Horsham Joggers
207	53:20	467	Jamie	Darling	M	177	Portslade Hedgehoppers
208	53:21	50	Andrew	Weekes	M	178	Unattached
209	53:21	194	John	Turley	M	179	Worthing Striders
210	53:22	256	David	Howarth	M	180	Henfield Joggers
211	53:25	16	Oscar	Canton	M	181	Unattached
212	53:26	607	Matt	Capp	M	182	Unattached
213	53:26	525	Carlos	Fernandez-Montero	M	183	Worthing Harriers
214	53:28	289	Nadia	Anderson	F	31	Chichester Runners
215	53:29	387	John	Little	M	184	Lancing Eagles
216	53:30	527	Barry	Waller	M	185	Worthing Harriers
217	53:31	460	Bernadette	Pelling	F	32	Portslade Hedgehoppers
218	53:36	536	Lorna	Hackett	F	33	Worthing Harriers
219	53:40	199	Becky	Kipping	F	34	Worthing Striders
220	53:42	524	Deborah	Pitt	F	35	Worthing Harriers
221	54:02	300	Richard	Holder	M	186	Chichester Runners
222	54:09	526	Lesley	Tugwell	F	36	Worthing Harriers
223	54:10	553	Martin	Knight	M	187	Unattached
224	54:11	383	John	Tewsley	M	188	Fittleworth Flyers
225	54:11	367	Liz	Cooper	F	37	Fittleworth Flyers
226	54:20	426	Beth	Hancock	F	38	Lewes AC
227	54:26	89	Juliette	Reader	F	39	Arunners
228	54:29	514	Joe	Williams	M	189	Saints and Sinners
229	54:40	93	Lucy	Neville-Davies	F	40	Arunners
230	54:40	395	Chris	Creaton	M	190	Lancing Eagles
231	54:57	620	Steve	Spalding	M	191	Hove Hornets
232	54:57	323	Collette	Betts	F	41	Hove Hornets
233	55:00	419	Tim	Kimber	M	192	Lancing Eagles
234	55:01	641	Ed	Vernon	M	193	Unattached
235	55:02	548	David	Murray	M	194	Unattached
236	55:16	338	Dave	Eaton	M	195	Hove Hornets
237	55:21	140	Phil	Latham	M	196	Burgess Hill Runners
238	55:28	296	Tom	Blaylock	M	197	Chichester Runners

239	55:30	343	Neal	Udeen	M	198	Hove Hornets
240	55:30	291	Amanda	Godfrey	F	42	Chichester Runners
241	55:37	278	Miranda	Huisman	F	43	Horsham Joggers
242	55:38	17	Sam	Cooper	M	199	Unattached
243	55:40	476	James	Millen	M	200	Portslade Hedgehoppers
244	55:43	465	Neal	Cass	M	201	Portslade Hedgehoppers
245	55:44	264	James	Munden	M	202	Horsham Joggers
246	55:46	230	Robbie	Trim	M	203	Henfield Joggers
247	55:46	177	Shelley	Mayern	F	44	Crawley Run Crew
248	55:48	193	Joe	Davies	M	204	Worthing Striders
249	55:48	653	Cara	Maker	F	45	Unattached
250	55:50	466	Adrian	Rutledgem	M	205	Portslade Hedgehoppers
251	55:56	186	Luisa	Giammattei	F	46	Goring Road Runners
252	56:00	106	David	Guiel	M	206	Arunners
253	56:00	98	Toria	Lyle	F	47	Arunners
254	56:03	107	Laura	Dennis	F	48	Arunners
255	56:15	481	Nick	Baker	M	207	Saints and Sinners
256	56:16	39	Emma	Simpkin	F	49	Unattached
257	56:19	627	Adam	Penwarden	M	208	Unattached
258	56:19	155	William	Whitehead	M	209	Burgess Hill Runners
259	56:21	369	Dawn	Davis	F	50	Fittleworth Flyers
260	56:23	554	Chris	Wrwhitehorn	M	210	Unattached
261	56:25	211	Caroline	King	F	51	Henfield Joggers
262	56:31	318	Catherine	Downie	F	52	Hove Hornets
263	56:33	464	Tim	Carder	M	211	Portslade Hedgehoppers
264	56:36	259	David	Dawson	M	212	Horsham Joggers
265	56:40	69	Anne	Miners	F	53	Arena 80 AC
266	56:45	357	Michael	Fenton	M	213	Hove Hornets
267	56:46	267	Rob	Jochimsen	M	214	Horsham Joggers
268	56:48	328	Guy	Tipton	M	215	Hove Hornets
269	56:59	123	Sue	Ledger-Catton	F	54	Burgess Hill Runners
270	57:01	440	Julie	Deakin	F	55	Lewes AC
271	57:02	36	Chris	Read	M	216	Unattached
272	57:04	222	Mark	Skilton	M	217	Henfield Joggers
273	57:04	447	Yan	Wu	F	56	Lewes AC
274	57:06	95	Kim	Davies	F	57	Arunners
275	57:06	386	Tiffany	Proudfoot	F	58	Fittleworth Flyers
276	57:06	329	Tania	Tinsley	F	59	Hove Hornets
277	57:07	131	Daniel	Belton	M	218	Burgess Hill Runners
278	57:10	220	Ralph	Bernascone	M	219	Henfield Joggers
279	57:10	455	Gemma	Gilroy	F	60	Portslade Hedgehoppers
280	57:13	324	Claire	Webster	F	61	Hove Hornets
281	57:16	611	John	Jaap	M	220	Unattached
282	57:17	404	Mark	Stimpson	M	221	Lancing Eagles
283	57:19	403	Ian	Hughes	M	222	Lancing Eagles
284	57:20	468	Nick	Ellis	M	223	Portslade Hedgehoppers
285	57:20	55	Alexander	Bishop	M	224	Unattached
286	57:20	557	Lynden	Kemp	M	225	Unattached
287	57:22	99	Linda	Wright	F	62	Arunners
288	57:25	153	Brian	Kilkelly	M	226	Burgess Hill Runners
289	57:31	445	Sue	Zhao	F	63	Lewes AC
290	57:35	130	Christelle	Maugiron	F	64	Burgess Hill Runners
291	57:39	578	Liz	Ansell	F	65	No-Rogue Runners
292	57:44	413	Aliki	Hiestermann	F	66	Lancing Eagles
293	57:44	456	Kerry	Kipling	F	67	Portslade Hedgehoppers
294	57:50	85	Stuart	McAdams	M	227	Arunners
295	57:50	594	Charles	Siminds	M	228	Worthing Harriers
296	57:58	295	Peter	Anderson	M	229	Chichester Runners
297	58:00	630	Andrew	Burton-Spearing	M	230	Unattached
298	58:03	601	Debra	Cauchy-Duval	F	68	Tuff Fitty

299	58:03	51	Kathy	Boltwood	F	69	Unattached
300	58:06	151	Hugh	Stevenage	M	231	Burgess Hill Runners
301	58:08	1	Korede	Akande	M	232	Unattached
302	58:12	358	James	Williams	M	233	Hove Hornets
303	58:12	570	Sue	Bradford	F	70	Unattached
304	58:13	532	Ian	Foster	M	234	Worthing Harriers
305	58:17	227	Fiona	Turton	F	71	Henfield Joggers
306	58:20	28	Kate	Bird	F	72	Unattached
307	58:22	97	Carolin	Till	F	73	Arunners
308	58:27	510	Luke	Taylor	M	235	Saints and Sinners
309	58:34	309	Freya	Leman	F	74	Hove Hornets
310	58:37	146	Karl	Richards	M	236	Burgess Hill Runners
311	58:37	30	Samuel	Price	M	237	Unattached
312	58:41	337	Karen	Weller	F	75	Hove Hornets
313	58:42	377	Peter	Lawson	M	238	Fittleworth Flyers
314	58:46	58	Edmond	Rateiwa	M	239	Unattached
315	58:47	79	Paul	Day	M	240	Arunners
316	58:50	520	Linda	James	F	76	Worthing Harriers
317	58:51	154	Jay	Wadey	M	241	Burgess Hill Runners
318	58:52	312	Jon	Maxfield	M	242	Hove Hornets
319	58:56	246	Amanda	Player	F	77	Henfield Joggers
320	58:57	509	Kevin	Stephenson	M	243	Saints and Sinners
321	59:06	552	David	Wicks	M	244	Unattached
322	59:15	125	Jane	Owen	F	78	Burgess Hill Runners
323	59:20	122	Jayne	Leaney	F	79	Burgess Hill Runners
324	59:27	203	Paul	Crowe	M	245	Henfield Joggers
325	59:30	317	Judy	Poulton	F	80	Hove Hornets
326	59:30	362	Camilla	Harding	M	246	Hove Hornets
327	59:31	600	David	Bubloz	M	247	Portslade Hedgehoppers
328	59:39	284	Holly	Wanless	F	81	Horsham Joggers
329	59:39	166	Ross	Cheney	M	248	Crawley Run Crew
330	59:42	437	Jessica	Chitty	F	82	Lewes AC
331	59:43	319	Andrew	Newby	M	249	Hove Hornets
332	59:47	555	Louise	Lawrence	F	83	Unattached
333	59:48	195	Steve	Feest	M	250	Worthing Striders
334	59:50	565	Jon	Loomes	M	251	Unattached
335	59:50	450	Gill	Cammack	F	84	Portslade Hedgehoppers
336	59:53	414	Sharon	McHale	F	85	Lancing Eagles
337	59:55	144	Chris	Page	M	252	Burgess Hill Runners
338	59:57	360	Lloyd	Ritchie	M	253	Hove Hornets
339	59:58	597	Damian	Roberts	M	254	Unattached
340	1:00:05	325	Grant	Ritchie	M	255	Hove Hornets
341	1:00:08	118	Katia	Hannah	F	86	Burgess Hill Runners
342	1:00:11	265	Derek	Buckman	M	256	Horsham Joggers
343	1:00:25	108	Nick	Hartfield	M	257	Arunners
344	1:00:25	547	Anne	Murray	F	87	Unattached
345	1:00:28	52	Wanphen	Marsden	F	88	Unattached
346	1:00:31	551	Paul	Myers	M	258	Unattached
347	1:00:32	545	Mikki	Burt	F	89	Unattached
348	1:00:35	88	Abbi	O'Neill	F	90	Arunners
349	1:00:39	484	Sarah	Clapp	F	91	Saints and Sinners
350	1:00:46	120	Chania	Hemsley-Smith	F	92	Burgess Hill Runners
351	1:00:48	483	Faz	Bibi	F	93	Saints and Sinners
352	1:00:53	568	Mandy	Turner	F	94	Fittleworth Flyers
353	1:00:56	158	Carolyn	Hartfield	F	95	Crawley Run Crew
354	1:00:59	156	George	Wotton	M	259	Burgess Hill Runners
355	1:01:02	561	Adam	Stevenson	M	260	Unattached
356	1:01:03	415	Lorraine	Collins	F	96	Lancing Eagles
357	1:01:21	67	Fiona	Jamie	F	97	Arena 80 AC
358	1:01:22	471	Cliff	Feeney	M	261	Portslade Hedgehoppers

359	1:01:29	339	Sarli	Van Zyl	F	98	Hove Hornets
360	1:01:30	204	Lesley	Kilner	F	99	Henfield Joggers
361	1:01:32	294	Jill	Renson	F	100	Chichester Runners
362	1:01:38	592	Paul	Taylor	M	262	Unattached
363	1:01:41	650	Julie	Cresswell	F	101	Fittleworth Flyers
364	1:01:43	111	Debby	Beresford-Moore	F	102	Arunners
365	1:01:46	591	Jennifer	Taylor	F	103	Unattached
366	1:01:46	273	Phil	Hedges	M	263	Horsham Joggers
367	1:01:51	60	Laura	Wright	F	104	Unattached
368	1:01:52	198	Liz	Crockford	F	105	Worthing Striders
369	1:01:55	562	Philip	Brown	M	264	Unattached
370	1:01:58	531	Judi	Maledy	F	106	Worthing Harriers
371	1:01:58	321	Cathy	Fall	F	107	Hove Hornets
372	1:02:00	172	Paul	Brown	M	265	Crawley Run Crew
373	1:02:02	572	John	Booker	M	266	Horsham Joggers
374	1:02:04	579	Shelley	Butler	F	108	Unattached
375	1:02:13	624	Richard	Addy	M	267	Unattached
376	1:02:13	623	Daniel	Brice	M	268	Unattached
377	1:02:16	9	Paul	Clarke	M	269	Unattached
378	1:02:19	593	Adam	Pierre	M	270	Unattached
379	1:02:23	231	Katie	Parker	F	109	Henfield Joggers
380	1:02:29	546	Jo	Shepherd	F	110	Unattached
381	1:02:30	493	Janine	Haynes	F	111	Saints and Sinners
382	1:02:30	502	Sara	Phillips	F	112	Saints and Sinners
383	1:02:32	453	Zoe	Cherryman	F	113	Portslade Hedgehoppers
384	1:02:38	167	Malcolm	Wiltshire	M	271	Crawley Run Crew
385	1:02:44	558	David	Morrison	M	272	Unattached
386	1:02:46	625	Alexandra	Witt	F	114	Brighton & Hove Womens Running Club
387	1:02:47	427	Beverly	Sheridan	F	115	Lewes AC
388	1:02:54	380	Janet	Sheperd	F	116	Fittleworth Flyers
389	1:02:57	22	David	Johnson	M	273	Unattached
390	1:02:58	163	Henry	Harris	M	274	Crawley Run Crew
391	1:03:08	283	Laura	Sowton	F	117	Horsham Joggers
392	1:03:08	20	Vicky	Holliday	F	118	Unattached
393	1:03:20	422	Danielle	Phillips	F	119	Lancing Eagles
394	1:03:30	293	Nicola	Jolly	F	120	Chichester Runners
395	1:03:32	658	Colin	Martin	M	275	Unattached
396	1:03:34	392	Gez	Cummins	M	276	Lancing Eagles
397	1:03:45	515	Sarah	Wilson	F	121	Saints and Sinners
398	1:03:51	614	Rory	Keith	M	277	Unattached
399	1:04:19	560	Fiona	Mackintosh	F	122	Unattached
400	1:04:20	272	Kev	Summers	M	278	Horsham Joggers
401	1:04:23	245	Natasha	Heasman	F	123	Henfield Joggers
402	1:04:23	210	Nikki	Hargrave	F	124	Henfield Joggers
403	1:04:29	145	Thomas	Peel-Yates	M	279	Burgess Hill Runners
404	1:04:30	141	David	Leen	M	280	Burgess Hill Runners
405	1:04:32	559	Robin	Bowers	M	281	Unattached
406	1:04:33	26	Roj	Beaumont	M	282	Steyning AC
407	1:04:34	642	Nicola	Carver	F	125	Unattached
408	1:04:38	188	Richard	Bates	M	283	Haywards Heath Harriers
409	1:04:44	454	Sonia	Edwards	F	126	Portslade Hedgehoppers
410	1:04:45	472	Peter	Hedgethorpe	M	284	Portslade Hedgehoppers
411	1:04:49	290	Sue	Baker	F	127	Chichester Runners
412	1:04:51	488	Theresa	Donohue	F	128	Saints and Sinners
413	1:05:04	486	Stella	Daff	F	129	Saints and Sinners
414	1:05:05	390	John	Hulme	M	285	Lancing Eagles
415	1:05:06	615	Charlotte	Keith	F	130	Unattached
416	1:05:07	571	Ben	Midgley	M	286	Steyning Rugby Club
417	1:05:11	589	Alli	Muir-Hardinge	F	131	Unattached

418	1:05:19	271	Geoff	Parker	M	287	Horsham Joggers
419	1:05:23	382	Jane	Tewsley	F	132	Fittleworth Flyers
420	1:05:25	165	Janet	Lee	F	133	Crawley Run Crew
421	1:05:26	499	Mary	Morgan	F	134	Saints and Sinners
422	1:05:27	655	Paula	Bray	F	135	Arunners
423	1:05:28	372	Louise	Jarman	F	136	Fittleworth Flyers
424	1:05:29	48	Dawn	Cobbett	F	137	Run Academy Worthing
425	1:05:31	159	Daniel	Britton	M	288	Crawley Run Crew
426	1:05:35	462	Sarah	Russell	F	138	Portslade Hedgehoppers
427	1:05:38	129	Laura	Walton	F	139	Burgess Hill Runners
428	1:05:41	494	Cathy	Howe	F	140	Saints and Sinners
429	1:05:42	359	Sophie	Fyles	F	141	Hove Hornets
430	1:05:43	489	Andrew	Dunn	M	289	Saints and Sinners
431	1:05:51	596	Vickie	Pucher	F	142	Arunners
432	1:05:54	209	Mandy	Kianfar	F	143	Henfield Joggers
433	1:05:58	18	Elinor	Willems	F	144	Unattached
434	1:06:21	550	Jen	Myers	F	145	Unattached
435	1:06:28	448	Val	Brockwell	F	146	Portslade Hedgehoppers
436	1:06:32	226	Cat	Verrall	F	147	Henfield Joggers
437	1:06:40	463	Mike	Airey	M	290	Portslade Hedgehoppers
438	1:06:45	651	Thomas	Rowe	M	291	Unattached
439	1:06:54	334	Kerry	Moran	F	148	Hove Hornets
440	1:07:00	217	Brian	Turrell	M	292	Henfield Joggers
441	1:07:05	487	Richard	Daniells	M	293	Saints and Sinners
442	1:07:06	127	Helen	Pratt	F	149	Burgess Hill Runners
443	1:07:19	371	Patsy	Howard	F	150	Fittleworth Flyers
444	1:07:28	335	Jo	Elsden	F	151	Hove Hornets
445	1:07:33	75	Ian	Reader	M	294	Arunners
446	1:07:35	149	Malcolm	Slater	M	295	Burgess Hill Runners
447	1:07:43	645	Jonathan	Pearce	M	296	Unattached
448	1:07:45	310	John	Carroll	M	297	Hove Hornets
449	1:07:48	232	Colin	Clegg	M	298	Henfield Joggers
450	1:07:51	327	Chris	Archer	F	152	Hove Hornets
451	1:07:53	626	Debbie	Belcher	F	153	Brighton & Hove Womens Running Club
452	1:08:03	569	Roger	Young	M	299	Unattached
453	1:08:11	212	Rebecca	Furth	F	154	Henfield Joggers
454	1:08:13	365	John	Bearman	M	300	Fittleworth Flyers
455	1:08:30	634	Lecia	Carr	F	155	Unattached
456	1:08:37	249	Steve	Reading	M	301	Henfield Joggers
457	1:09:07	613	Debbie	Milla	F	156	Unattached
458	1:09:23	333	Michelle	Duplock	F	157	Hove Hornets
459	1:09:29	516	Theresa	Wright	F	158	Saints and Sinners
460	1:09:34	241	Paul	Campion	F	159	Henfield Joggers
461	1:09:39	595	Lisa	Piper	F	160	Arunners
462	1:09:43	480	Peter	Airey	M	302	Saints and Sinners
463	1:09:54	192	Pete	Jennings	M	303	Worthing Striders
464	1:09:56	117	Claire	Giles	F	161	Burgess Hill Runners
465	1:10:09	364	Matthew	Anderson	M	304	Fittleworth Flyers
466	1:10:09	254	Terry	Smith	M	305	Henfield Joggers
467	1:10:13	168	Eleanor	Wells	F	162	Crawley Run Crew
468	1:10:24	420	Unknown	Runner		306	Lancing Eagles
469	1:10:26	308	Michael	Miller	M	307	Hove Hornets
470	1:10:30	459	Jan	Morgan	F	163	Portslade Hedgehoppers
471	1:10:33	417	Tracey	Thomas	F	164	Lancing Eagles
472	1:10:35	577	Ken	Crellin	M	308	Unattached
473	1:10:38	506	Valerie	Stanbridge	F	165	Saints and Sinners
474	1:10:43	31	Tracey	Reid	F	166	Unattached
475	1:10:45	171	Louise	Clawson	F	167	Crawley Run Crew
476	1:10:50	363	Dave	Harvey	F	168	Hove Hornets

477	1:10:56	470	Barry	Fairhall	M	309	Portslade Hedgehoppers
478	1:10:57	157	Gene	Lowson	F	169	Burgess Hill Runners
479	1:11:29	96	Nicky	Bench	F	170	Arunners
480	1:11:33	574	David	James	M	310	Unattached
481	1:11:34	257	Kas	Fletcher	F	171	Henfield Joggers
482	1:11:36	23	Nickie	Pelling	F	172	Unattached
483	1:11:42	341	Sharon	Fenton	F	173	Hove Hornets
484	1:11:55	215	Lorna	Winter	F	174	Henfield Joggers
485	1:11:58	110	Himanshu	Patel	M	311	Arunners
486	1:11:59	179	Maria	Weatherstone	F	175	Crawley Run Crew
487	1:12:00	529	Lisa	Green	F	176	Worthing Harriers
488	1:12:14	418	Yian	Solomon	F	177	Lancing Eagles
489	1:12:14	654	Neil	Chapman	M	312	Lancing Eagles
490	1:12:17	452	Jenny	Cass	F	178	Portslade Hedgehoppers
491	1:12:29	407	Wendy	Kane	F	179	Lancing Eagles
492	1:12:35	330	Wendy	Newman	F	180	Hove Hornets
493	1:12:37	213	Sue	Spiers	F	181	Henfield Joggers
494	1:12:37	347	Alli	Willmore	F	182	Hove Hornets
495	1:12:40	244	Aileen	Raynos	F	183	Henfield Joggers
496	1:12:40	248	Helen	Taylor	F	184	Henfield Joggers
497	1:12:43	355	Jane	Pidgeon	F	185	Hove Hornets
498	1:12:43	200	Mary	Crabb	F	186	Worthing Striders
499	1:12:46	221	Liz	Pamment	F	187	Henfield Joggers
500	1:12:47	379	Nigel	Porter	M	313	Fittleworth Flyers
501	1:13:01	280	Caroline	Brandsden	F	188	Horsham Joggers
502	1:13:06	635	Naomi	Sharp	F	189	Unattached
503	1:13:12	285	Rebecca	Walsh	F	190	Horsham Joggers
504	1:13:15	7	Abisola	Roberts	F	191	Unattached
505	1:13:17	495	Emma	Jones	F	192	Saints and Sinners
506	1:13:17	505	Dawn	Rhodes	F	193	Saints and Sinners
507	1:13:31	119	Wendy	White	F	194	Burgess Hill Runners
508	1:13:34	258	Daren	Bonwick	M	314	Henfield Joggers
509	1:13:38	508	Sheena	Stannard	F	195	Saints and Sinners
510	1:13:52	397	Jon	Blayden	M	315	Lancing Eagles
511	1:13:58	45	Megan	Cragg	F	196	Unattached
512	1:13:58	46	Alice	Preston	F	197	Unattached
513	1:14:03	416	Fiona	Hilditch	F	198	Lancing Eagles
514	1:14:04	408	Kim	Tierney	F	199	Lancing Eagles
515	1:14:05	47	Jane	Preston	F	200	Unattached
516	1:14:07	644	Dawn	Daniel	F	201	Unattached
517	1:14:07	643	Charlotte	Braithwaite	F	202	Henfield Joggers
518	1:14:10	492	Vanessa	Harrold	F	203	Saints and Sinners
519	1:14:11	243	Victoria	Jackson	F	204	Henfield Joggers
520	1:14:12	235	Angie	Mitchell	F	205	Henfield Joggers
521	1:14:18	252	Aruni	Gunaratne	F	206	Henfield Joggers
522	1:14:24	393	David	Clubb	M	316	Lancing Eagles
523	1:14:26	57	Liz	Anscombe	F	207	Unattached
524	1:14:26	33	Rachel	Cleaves	F	208	Unattached
525	1:14:26	56	Sara	Temple	F	209	Unattached
526	1:14:30	604	Alysia	Woodcock	F	210	Unattached
527	1:14:31	603	Dean	Woodcock	M	317	Unattached
528	1:14:32	575	Christine	Thomas	F	211	Unattached
529	1:14:34	370	Gerald	Gresham-Cooke	M	318	Fittleworth Flyers
530	1:14:39	530	Sarah	Green	F	212	Worthing Harriers
531	1:14:42	366	Ray	Chick	M	319	Fittleworth Flyers
532	1:14:46	15	Roger	Ockenden	M	320	Arena 80 AC
533	1:15:41	513	Nina	Ware	F	213	Saints and Sinners
534	1:15:50	14	Najeebah	Lawal	F	214	Unattached
535	1:16:02	6	Candela	Ayuso	F	215	Unattached
536	1:16:21	598	Will	Farthing	M	321	Unattached

537	1:16:31	174	Adam	Stanger	M	322	Crawley Run Crew
538	1:16:47	563	Steve	Dorney	M	323	Unattached
539	1:16:47	184	Bryan	Darney	M	324	Goring Road Runners
540	1:16:51	170	Sue	Childs	F	216	Crawley Run Crew
541	1:17:06	228	Alison	Scales	F	217	Henfield Joggers
542	1:17:07	251	Melanie	Lett	F	218	Henfield Joggers
543	1:17:08	616	Elizabeth	Keith	F	219	Lancing Eagles
544	1:17:27	128	Ann	Savidge	F	220	Burgess Hill Runners
545	1:17:40	632	Katie	Burton-Spearing	F	221	Unattached
546	1:17:40	631	Joanna	Hoadley	F	222	Unattached
547	1:17:45	277	Lorraine	Hunter	F	223	Horsham Joggers
548	1:17:49	116	Jocelyn	Coppard	F	224	Burgess Hill Runners
549	1:18:13	606	Robin	Evenden	M	325	Fittleworth Flyers
550	1:18:14	281	Edna	Clark	F	225	Horsham Joggers
551	1:18:14	279	Christine	Verarde	F	226	Horsham Joggers
552	1:18:29	216	Fiona	De Caux	F	227	Henfield Joggers
553	1:18:29	250	Kirsty	Haydon	F	228	Henfield Joggers
554	1:18:37	121	Linda	Hulley	F	229	Burgess Hill Runners
555	1:18:38	504	Brian	Purnell	M	326	Saints and Sinners
556	1:18:40	581	Peter	Edgley	M	327	Unattached
557	1:19:10	637	Jenny	Preece	F	230	Brighton & Hove Womens Running Club
558	1:19:11	636	Sharon	Astley	F	231	Unattached
559	1:20:49	91	Sally	Reader	F	232	Arunners
560	1:20:56	101	Alex	Daymond	F	233	Unattached
561	1:22:00	378	John	Nicel	M	328	Fittleworth Flyers
562	1:22:20	25	Claire	Morrison	F	234	Unattached
563	1:22:20	29	Amy	Clare	F	235	Unattached
564	1:22:36	282	Fiona	Lear	F	236	Horsham Joggers
565	1:23:14	90	Maureen	Flint	F	237	Arunners
566	1:23:27	105	Charley	McAdams	F	238	Unattached
567	1:23:53	74	Tony	Flint	M	329	Arunners
568	1:24:18	160	Shereen	Hazman	F	239	Crawley Run Crew
569	1:24:24	409	Andrea	Fallon	F	240	Lancing Eagles
570	1:24:35	102	Debbie	McInerney	F	241	Unattached
571	1:24:46	385	Lesley	Wood	F	242	Fittleworth Flyers
572	1:24:47	224	Emma	Budd	F	243	Henfield Joggers
573	1:24:53	242	Helen	Harrington	F	244	Henfield Joggers
574	1:24:56	612	Kirsty	Carlin	F	245	Unattached
575	1:25:01	233	Claire	Symmonds	F	246	Henfield Joggers
576	1:25:04	223	Lynne	Woolley	F	247	Henfield Joggers
577	1:25:45	381	Erik	Shopland	M	330	Fittleworth Flyers
578	1:25:46	34	Anne	Read	F	248	Unattached
579	1:25:48	240	Lisa	Spillane	F	249	Henfield Joggers
580	1:26:07	41	Ruth	Manvell	F	250	Unattached
581	1:26:15	40	Clare	Ralston	F	251	Unattached
582	1:26:22	86	Cherry	Williams	F	252	Arunners
583	1:26:34	376	Jane	Klukers	F	253	Fittleworth Flyers
584	1:26:39	113	Eileen	Adlam	F	254	Burgess Hill Runners
585	1:26:40	276	Jane	Adams	F	255	Horsham Joggers
586	1:27:24	350	Martha	Matthews	F	256	Hove Hornets
587	1:27:56	628	Nicola	Penwarden	F	257	Unattached
588	1:28:09	402	Roger	Locke	M	331	Lancing Eagles
589	1:28:27	638	John	Mason	M	332	Arena 80 AC
590	1:28:27	63	Julia	Mason	F	258	Arena 80 AC
591	1:28:37	104	Michele	Smith	F	259	Arunners
592	1:29:07	62	T	Neuell	F	260	Unattached
593	1:29:11	202	Charly	Douglass	F	261	Henfield Joggers
594	1:29:20	588	Joseph	Lean	M	333	Unattached
595	1:29:28	61	Maggie	Davies	F	262	Run Academy Worthing

596	1:29:31	2	Ella	Baker	F	263	Unattached
597	1:29:44	566	Chris	Rogers	M	334	Unattached
598	1:29:47	162	Judy	Carbone	F	264	Crawley Run Crew
599	1:30:29	178	Sarah	Thomas	F	265	Crawley Run Crew
600	1:30:40	238	Charlie	Chesman	F	266	Henfield Joggers
601	1:30:58	274	Jenny	Boyd	F	267	Horsham Joggers
602	1:31:03	237	Samantha	Carpenter	F	268	Henfield Joggers
603	1:32:23	326	Cheryl	Costello	F	269	Hove Hornets
604	1:37:01	389	Tom	Bromley	M	335	Lancing Eagles
605	1:37:45	173	Janet	Trigwell	F	270	Crawley Run Crew
606	1:39:24	5	Ilias	Miranda	M	336	Unattached
607	1:39:24	8	Afope	Carew	F	271	Unattached
608	1:39:46	275	Victoria	Saunders	F	272	Horsham Joggers
609	1:50:50	411	Lucie	Hanks	F	273	Lancing Eagles
610	1:50:50	412	Elaine	Rousseau	F	274	Lancing Eagles