

Steyning AC: Age - Group Swimming Records

400m Freestyle

Male			Age - Group	Female		
Time	Name	Date		Time	Name	Date
7:22.2	Jon Mason	Mar. '04	U - 12	7:20.8	Alice Amess	May '12
5:26.0	Josh Cassidy - Stone	May '08	12 - 14	5:49.9	Hollie Bean	Sept. '08
5:08.3	Josh Cassidy - Stone	May '09	15 - 17	5:47.3	Georgina Oxley	Sept. '08
5:31.1	Gary Brind	Sept. '12	18 - 39	5:37.7	Lydia Jordan	Sept. '12
5:36.2	Lawrence Naested	Apr. '12	40 - 49	5:48.8	Sarah Cotton	Sept. '12
5:40.8	Brian Mason	Sept. '12	50 - 59	6:16.6	Michelle Chittenden	Apr. '12
6:59.3	George Vargha	Sept. '06	60 - 69	7:34.0	Elaine Scott	Jan. '10
7:44.5	George Vargha	Sept. '12	70 +			

GP, 01-10-12